

Class-3

Subject – Social -Studies

Lesson-6

Our Food and Dress

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Oral Questions-

1. Why are some fruits and vegetables called seasonal?

Ans. Some fruits and vegetables are called seasonal because they are available only in a particular season.

2. How does oil give flavour to food?

Ans. The oil gives flavour to food by its sufficient quantity and different types of spices used.

3. Why do we wear cotton clothes in the summer season?

Ans. We wear cotton clothes in the summer season to keep ourselves cool.

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Tick (✓) the correct answers

1. There is a difference in vegetation and food items grown in India because of \_\_\_\_\_.

(a) climatic conditions ( )

(b) type of soil ( )

(c) likes and dislikes ( )

(d) Only (a) and (b) (✓)

2. In metros \_\_\_\_\_ are popular among the Indian women .

(a) Indian wear ( )

(b) traditional dresses of Rajasthan. ( )

(c) state costumes of Assam. ( )

(d) Western dresses .(✓)

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A. Multiple Choice Questions-

1. People of Rajasthan eat \_\_\_\_\_.

(a) Jowar ,Rice and bajra ( )

(b) Jowar ,bajra and maize

(✓)

(c) Rice, Wheat and maize ( )

(d,) None of these ( )

2., \_\_\_\_\_, is used to cook food and give a flavour of the seed crushed to extract it.

(a) Oil (✓) (b) Sugar ( )

(c) Salt ( ) (d) Tomato (.)

3. The dresses people wear are affected by \_\_\_\_\_.

(a) Climatic conditions (.)

(b) Culture ( )

(c) Religion (.)

(d) All of these (✓)

4. Naga women wear shawls with typical designs that show \_\_\_\_\_.

(a) The tribe they belong to (✓)

(b) their religion ( )

(c) their family occupation ( )

(d) all of these (.)

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B. Match the following –

Column 1.      Column 2

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|----|---|
| 1. | b |
| 2. | e |
| 3. | a |
| 4. | c |
| 5. | d |
- 

II. Column 1.      Column 2

- |    |   |
|----|---|
| 1. | d |
| 2. | a |
| 3. | e |
| 4. | c |
| 5. | b |
- 

C. Write short answers

1. Name three (a) sweets (b) Spices (c) Fruits of India.

Ans., (a) Sweets-Rasogullas, Jalebies, laddoos.

(b) Spices-Pepper, cardamom, chillies

(c) Fruits of India-Banana,Mangoes,Apples

2.When do people wear their traditional dresses?

Ans.People wear their traditional dresses during. Weddings and other special occasions.

3.What do men wear in Tamil Nadu and Kerala?

Ans.In Tamil Nadu men wear lungi called Veshti and in kerala lungi called Mundu.

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D.Answer the following questions-

1.What does the term 'seasonal fruits and vegetables' mean?

Ans.The term seasonal fruits and vegetables means the fruits and vegetables that are available only in a particular season.

2.What is the difference in the menswear of Gujarat and Rajasthan?

Ans.In Gujarat men wear angarakha and in Rajasthan men wear pyjama or dhoti

3.Why do people wear different types of clothes in different parts of the country ?

Ans.People wear different types of clothes in different parts of the country because we have different climatic conditions in different areas.

4.Tick (✓) those sentences that tell about 'wasting food'.

(a) Taking more food than you can eat.(. )

(b) Taking as much food as you can eat.( )

(c) Throwing food in the dustbin.(✓ )

(d) Using leftover food for garden compost.(. )

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